

## HEART TO HEART - RENAISSANCE SQUARE with Mariya Waters

**Code:** MW 306J

**DATE:** Mon/Tues 5.6 July

**Duration:** 2 days

**Skill Level:** all levels

**Sewing Machine:** Basic – with zig zag

This design is adapted from Mariya's award winning quilt "Renaissance Revival".

Students have several design options over selections of the final design.

Either hand or machine appliqué techniques can be selected.



### FABRICS

(Note: I have listed fabrics below that match in with my quilt Renaissance Revival but there is no reason not to experiment with colour. Just ensure that there is plenty of contrast between the background fabrics and those outlining the hearts. I try to use closely woven tone on tone fabrics such as Moda Marbles batiks or good quality plain fabrics.)

- Yellows toning values as follows:
  - 1 light – a fat quarter outlining for the hearts
  - 1 medium – 60cm x width of fabric for outlining hearts scallops and binding
  - 1 dark - a fat quarter for outlining the hearts
- Burgundy - 60cm square for background
- Red scraps of two toning reds for flowers
- Greens –
  - Dark green - 75cm x width of fabric
  - Medium (bright) green - a fat quarter for insertion into hearts
  - Sage green - 55cm square background
- Dark fine dot or graphic print for flower centres



**NOTIONS FOR ALL STUDENTS:** most of the specialised notions can be purchased online or over the telephone from [www.ozquilts.com.au](http://www.ozquilts.com.au) tel (03) 98865323

- Baking paper 1m (approx) piece of Gladbake or similar
- Floriani Stitch and Wash (fusible) stabiliser approx 1½ m This will be available for purchase on the day for \$5.00 per piece. Or by the roll from [www.florianiembroidery.com.au](http://www.florianiembroidery.com.au)

- A medium size glue stick -UHU or Bostik from the supermarket. (I use a glue stick that is coloured blue or purple but dries clear)
- Scissors
  - medium sized sharp scissors to cut fabrics stabilisers. (I like to use Matilda's Own Arm Wrestler scissors as they have large finger holes)
  - small sharp scissors to cut threads
- HB Pencil and pencil sharpener and eraser
- Marking Pencils
  - 1 Clover white marking pen or a white marking pencil
  - 1 Clover blue soluble pen or a darker marking pencil if using light coloured background fabrics
- Manicure stick (cuticle stick) (From the supermarket or pharmacy)
- Self threading needle or large-eyed needle for thread ends
- 6mm bias tape maker. Only if you have one! I have two Clover ones
- A tin of spray starch (Do not bring this if you are flying)
- Damp face washer in plastic bag for sticky fingers
- For those that have one -a light box to share amongst a group of ladies would be most helpful.
- Rubbish container
- A box to hold all the pattern pieces. I use an A4 plastic box-file folder from the stationary store.
- Masking tape – to hold down pattern and join freezer paper
- 12" x 24" quilters ruler with medium cutting mat and rotary cutter
- Freezer paper – 2-3 metres long times the width of the paper. The amount used varies with the selected design option.
- A small iron and iron pad – must be tagged to be used in workshop. Irons are supplied.

#### **ADDITIONAL NOTIONS FOR MACHINE WORK STUDENTS:**

- Sewing Machine - cleaned and in working order
  - Power cords and foot control
  - Extension table for sewing machine
  - Cushion to sit on if table height is an issue
  - Bobbins 2 or more empty ones
  - Sewing Machine needles no 70/10 either Denim or Universal points (I like Schmetz brand).
- Sewing Machine feet
  - Open-toe applique foot (**This foot is essential to this class and will need to be purchased from your sewing machine dealer unless you have a Bernina Machine in which case the ¼" foot is used instead.**)
  - ¼ inch foot
  - Machine accessory box

- Medium-weight Tear-Away Stabiliser cut to approx 60cm x 70cm. (I like Vilene Fuse and Tear BU8030 in white available from most Spotlight Stores)
- Threads for Machine work
  - Bobbin Fill – any light/medium colour. I use Superior Thread “The Bottom Line” in a light grey green colour 617 as it works with most appliqué. ozquilts.com.au)
  - Fine embroidery thread to match each of the fabrics or invisible/monofilament can be used. (I usually use Mettler fine cotton embroidery thread to match the fabrics, or Superior Threads Mono Poly.)

#### **ADDITIONAL NOTIONS FOR HANDWORK STUDENTS**

- A table lamp if lighting is of concern.
- size 10-12 hand work needles. (I like to use John James embroidery needles size 10 or Roxanne appliqué needles - same product, different brand names!)
- Appliqué pins
- Pincushion, thimble and needle threader if desired.
- Thread:
  - 1 reel of each colour to match each of the fabrics. (I use the finest thread that matches the fabrics, usually Mettler Fine Cotton Embroidery Thread, Gutermann Polyester or Mettler Metrosene).
  - 1 reel of neutral tacking thread.
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#### **TO COMPLETE (not needed for class)**

1. Back 75cm of your choice
2. Batting 75 cm x 75cm

**For further clarification or information please contact Mariya  
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